

40 DAYS OF MERCY: LENTEN DEVOTIONS & LITURGIES AT CHRIST THE KING

LENTEN OBSERVANCE

Fasting

Those between the ages of 18 and 59 should fast on Ash Wednesday and Good Friday. This consists of one full meal and two smaller meals during the day, without snacks. If one cannot do this for health reasons, they are exempt.

Abstinence from Meat

Those age 14 and older are required to refrain from eating meat on Ash Wednesday, Good Friday, and all of the Fridays of Lent.

ASH WEDNESDAY

Masses with the Imposition of Ashes

- ◆ March 6: 6:30 a.m., 8:15 a.m., 12:10 p.m., and 6 p.m.

STATIONS OF THE CROSS

Stations of the Cross with our school are held on the following Fridays of Lent at 2:15 p.m.

- ◆ March 15 and 29
- ◆ April 5 and 12

Stations of the Cross in the evening are held every Friday of Lent at 5:30 p.m.

- ◆ March 8, 15, 22 and 29
- ◆ April 5 and 12

Stations of the Cross will be held on Good Friday.

- ◆ April 19: 1 p.m.

RECONCILIATION

Regularly Scheduled Confession Times (All Year)

- ◆ Saturdays: 3:30 p.m.-4:30 p.m.
- ◆ Sundays: 7:30 a.m., 9:30 a.m., 11:30 a.m., and 6 p.m.-7 p.m. during the *Be Not Afraid Holy Hour*

“The Light is On” (Lent)

- ◆ Thursdays in Lent (March 7—April 11): 5:30 p.m.-6:30 p.m.

Good Friday (Holy Week)

- ◆ April 19: 12:30 p.m.-2 p.m.

COMMUNITY MEALS

During the season of Lent, all are invited to community fellowship meals in our Parish Center.

Knights of Columbus Fish Fry Dinners

- ◆ Fridays: March 8 and 22, and April 5 from 5 p.m.-7:30 p.m.



St. Joseph Altar Free-Will Spaghetti Luncheon
(all donations assist the poor in our community)

- ◆ Tuesday, March 19: 11 a.m.-1 p.m.

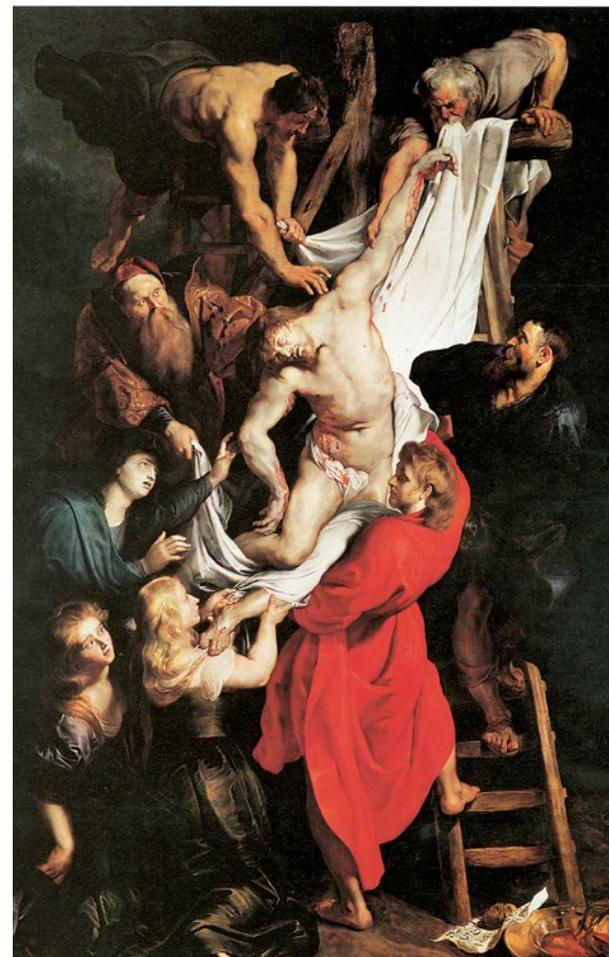
BEST LENT EVER

Sign up for a free Lenten email program with daily inspirational videos from renowned Catholic writer and speaker Matthew Kelley at DynamicCatholic.com/Lent.

DAY OF RECOLLECTION

The Institute for Priestly Formation is offering a Lenten Morning of Reflection on Saturday, March 16 beginning with the 8:15 a.m. Mass and concluding at 12 noon. There is no charge for the event, however, free will offerings are welcome. The event is open to all. **Pre-registration is required.** To register, call Linda at 402-280-3901 or visit www.PriestlyFormation.org:

- ◆ Saturday, March 16: 8:15 a.m.-12 noon



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ST. JOSEPH ALTAR

On the Solemnity of St. Joseph it is the custom to decorate his altar with homemade breads, cakes, pastries, cookies, fruit, etc. These baked goods are not meant to be eaten but showcase the bakers' skills and artistry, fashioning them in the shape of crosses, lambs, lilies, flowers, and other Christian symbols. All of the decorative foods are blessed after a special Mass and the "Tupa-Tupa" ceremony in which parish children dressed as St. Joseph, Mary or other Saints take part. A delicious free-will offering spaghetti luncheon takes place afterwards. All donations to the luncheon are given to those in need.

Decorative Foods & Fruits: Decorative baked goods and fruit for the St. Joseph Altar may be dropped off in the hallway near the Rectory door from 3 p.m.-5 p.m. on Monday, March 18.

Tuesday, March 19:

- ◆ **9:30 a.m. Special Mass in Honor of St. Joseph**
- ◆ **10:30 a.m. Blessing of the St. Joseph Altar and "Tupa-Tupa" Ceremony** (all children wishing to take part should come dressed as St. Joseph, Mary, or another canonized Saint. These children will receive directions for the ceremony and will then lead the congregation to the luncheon where these "saints" will be among the first to dine.)
- ◆ **11 a.m.-1 p.m. Free-will Spaghetti Luncheon in the Parish Center** (all donations will be given to help the poor through our St. Vincent de Paul Society)

40 HOURS DEVOTION

The devotion of 40 Hours is a period of uninterrupted Eucharistic Exposition of the Blessed Sacrament in the church and a time in which every individual and family in the parish is asked to attend and pray at least one hour (if not more) before the Blessed Sacrament. We need people for every hour to accompany Jesus—He cannot be left alone—so sign up at <https://tinyurl.com/40hourdevotion> or call the Rectory at (402) 391-3606, ext. 200.

- ◆ Sunday, March 24 at 6 p.m. through Tuesday, March 26 at 12 noon (during this time the Eucharist will be reposed during the regular 8:15 a.m. and 12:10 p.m. weekday Masses)

TENEBRAE

Tenebrae (Latin for "darkness") is a prayer service during Holy Week focused on the Passion of Christ. The proclamation of scripture, singing of hymns, extinguishing of candles, and silent reflection allow for meditation on God's wondrous love shown through the death and resurrection of Jesus.

- ◆ Wednesday, April 17 at 7 p.m. (Church)

EASTER EGG HUNT

@ll are invited to a free family-friendly Easter Egg Hunt on the soccer field on Holy Saturday. Enjoy the hunt and prizes. Foods will also be available. In case of inclement weather, the event will be held in our school gymnasium.

- ◆ Saturday, April 20: 11:30a.m. (Soccer Field)

HOLY WEEK

Passion "Palm" Sunday (April 13 & 14)

All Passion Sunday Masses, with the exception of the Sunday 8 a.m. Mass, will begin in the Parish Center to accommodate the procession with palms.

- ◆ Regular Mass Schedule: Saturday Vigil 5 p.m.; Sunday 8 a.m., 10 a.m., 12 noon and 5 p.m.

Monday, Tuesday, and Wednesday (April 15-17)

- ◆ Mass Schedule: 8:15 a.m. and 12:10 p.m.

Wednesday (April 17)

- ◆ Tenebrae (Scripture, hymns, prayer): 7 p.m.

Holy Thursday (April 18)

- ◆ Mass of the Lord's Supper: 7 p.m.
- ◆ The Eucharist will remain on the altar of repose in the Parish Center for private prayer until 12 midnight.

Good Friday (April 19)

- ◆ Stations of the Cross: 1 p.m.
- ◆ Divine Mercy Chaplet: 3 p.m.
- ◆ Veneration of the Cross Celebration: 7 p.m.

Holy Saturday (April 20)

- ◆ Chanted Office of Readings & Lauds & Blessing of Easter Foods: 9 a.m.
- ◆ Decorating & Cleaning of the Church: 10 a.m.
- ◆ Divine Mercy Chaplet: 3 p.m.
- ◆ Easter Vigil Mass: 8:30 p.m.

Easter Sunday (April 21)

- ◆ Masses: 8 a.m., 10 a.m., 12 noon and 5 p.m.