



# October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<b>SPV – Grape Tomatoes</b> 8 Breaded Mozzarella Sticks with Marinara Sauce Or- Ham & Cheese Hoagie Or-Yogurt & Cheese Stick with a Breadstick Green Beans Mixed Fruit	9 Pig in a Blanket Or- Salami, Cheese, Crackers & Nutrigrain Bar Or- Yogurt & Cheese Stick with a Soft Pretzel Baked Beans Fresh Pear	10 Pizza Hut Pizza PEPP Or- Turkey BLT Or- Yogurt & Cheese Stick with a Breadstick Romaine Salad Cinnamon Applesauce	11 Creamed Turkey with a Dinner Roll Or- Hummus, Flatbread & Fresh Vegetables Or- Yogurt & Cheese Stick with a Dinner Roll Mashed Potatoes Strawberries	12 Grilled Cheese and Tomato Soup Or- Southwest Chicken Salad with a Dinner Roll Or- Yogurt & Cheese Stick with a Dinner Roll Baby Carrots Apple <b>Farm to School</b>
<b>National School Lunch Week, October 15<sup>th</sup> – 19<sup>th</sup></b>				
<b>SPV – Baby Carrots</b> 15 Chicken Nuggets with a Breadstick Or- Italian Hoagie Or- Yogurt & Cheese Stick with a Breadstick Corn Mandarin Oranges	16 Walking Taco with a Lettuce and Cheese Cup Or- Asian Chicken Salad with a Dinner Roll Or- Yogurt & Cheese Stick with a Dinner Roll Seasoned Black Beans Banana	<b>New Item!</b> 17 Chicken Waffle Sandwich Or- Antipasto Pasta Salad Or- Yogurt & Cheese Stick with a Soft Pretzel Sweet Potato Tots Peaches	18 Macaroni & Cheese with a Dinner Roll Or- Roast Beef Sandwich Or- Yogurt & Cheese Stick with a Dinner Roll Broccoli Florets Blueberries	<b>Westside No School</b> 19 Hot Beef French Dip on a Hoagie Or- Buffalo Chicken Wrap Or- Yogurt & Cheese Stick with a Dinner Roll Celery Sticks Apple <b>Farm to School</b>
<b>Westside No School</b> 22 <b>SPV – Grape Tomatoes</b> Mini Corn Dogs Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with a Soft Pretzel Baby Carrots Applesauce	23 Meatball Sub on a Hoagie Or- Chef Salad with a Soft Pretzel Or- Yogurt & Cheese Stick with a Soft Pretzel Green Beans Orange Wedges	24 Pizza Hut Pizza CHEESE Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with a Dinner Roll Romaine Salad Pears	25 BBQ Pork Sandwich Or- Southwest Chicken Wrap Or- Yogurt & Cheese Stick with a Dinner Roll French Fries Pineapple	26 Texas Style Chili with a Cinnamon Roll Or- Sunshine Chicken Salad with a Cinnamon Roll Or- Yogurt & Cheese Stick with a Cinnamon Roll Chili Beans Apple <b>Farm to School</b>
<b>SPV – Baby Carrots</b> 29 Colby Cheese Omelette with Donut Holes Or- Cottage Cheese & Fruit with Donut Holes Or- Yogurt & Cheese Stick with Donut Holes Sweet Potato Waffle Fries Blueberries	30 Roasted Chicken Legs with Garlic Bread Or- Beef Taco Salad with Garlic Bread Or- Yogurt & Cheese Stick with Garlic Bread Broccoli Mixed Fruit	<b>HALLOWEEN</b> 31 <b>Monster Bowl with Popcorn Chicken &amp; Cheddar Cheese</b> Or- Tuna Salad on 9 Grain Bread Or- Yogurt & Cheese Stick with a Dinner Roll Cackling Corn Magic Mashed Potatoes Goblin Juice Candy Cookie	1 Cheeseburger on a Bun Or- Turkey Custer Sandwich Or- Yogurt & Cheese Stick with a Soft Pretzel Cowboy Beans Fresh Pear	2 Beef Stroganoff w/Noodles and a Breadstick Or- Crispy Chicken Salad with a Breadstick Or- Yogurt & Cheese Stick with a Breadstick Mixed Vegetables Mandarin Oranges

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change. Denotes PORK in main entrée. Denotes BEEF in product

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