





November 2018



Monday	Tuesday	Wednesday	Thursday	Friday
SPV – Grape Tomatoes 5 Sweet & Sour Popcorn Chicken with Rice Or- Salami, Cheese, & Crackers with a Nutrigrain Bar Or-Yogurt & Cheese Stick with a Breadstick Oriental Vegetables Mandarin Oranges Fortune Cookie	6 Chicken Fried Steak with Gravy w/a Dinner Roll Or- Southwest Chicken Wrap Or- Yogurt & Cheese Stick with a Dinner Roll Mashed Potatoes with Gravy Banana	7 Three Cheese Lasagna with Garlic Bread Or- Roast Beef Sandwich Or- Yogurt & Cheese Stick with Garlic Bread Romaine Salad Peaches	National STEM/STEAM Day 8  Sloppy Joe on a Bun Or- Asian Chicken Salad with a Soft Pretzel Or- Yogurt & Cheese Stick with a Soft Pretzel Cowboy Beans Apple Farm to School	9 Chicken Noodle Soup with Goldfish Crackers Or- Turkey BLT Or- Yogurt & Cheese Stick with Goldfish Crackers Steamed Carrots Mixed Fruit Chocolate Chip Cookie
SPV – Baby Carrots 12  Veteran's Day Crispy Chicken Sandwich Or- Italian Hoagie Or- Yogurt & Cheese Stick with a Breadstick Sweet Potato Wedges Blueberries	13 Teriyaki Beef with Rice Or- Sunshine Chicken Salad with a Dinner Roll Or- Yogurt & Cheese Stick with a Dinner Roll Steamed Broccoli Pineapple Fortune Cookie	14 Pizza Hut Pizza PEPP Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with a Breadstick Iceberg Lettuce Salad Pears	Thanksgiving Meal 15 Roasted Turkey with a Ciabatta Roll Or- Yogurt & Cheese Stick with a Ciabatta Roll Mashed Potatoes and Gravy Green Bean Casserole Mandarin Oranges Spice Cake	16 Hot Dog on a Bun Or- Buffalo Chicken Wrap Or- Yogurt & Cheese Stick with a Dinner Roll Baked Beans Apple Farm to School
SPV – Grape Tomatoes 19 Pancakes & Sausage Links Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with a Breadstick Candied Sweet Potatoes Mixed Fruit	20 Chicken Nuggets with a Turkey Pretzel Or- Cottage Cheese & Fruit with a Turkey Pretzel Or- Yogurt & Cheese Stick with a Turkey Pretzel Tater Tots Cinnamon Applesauce	Westside No School 21	Westside No School 22 <i>Thanksgiving Break</i> 	Westside No School 23
SPV – Baby Carrots 26 Breaded Mozzarella Sticks with Marinara Sauce Or- Ham & Cheese Hoagie Or- Yogurt & Cheese Stick with a Breadstick California Blend Vegetables Peaches	27 BBQ Chicken Legs with a Dinner Roll Or- Chef Salad with a Dinner Roll Or- Yogurt & Cheese Stick with a Dinner Roll Ranch Beans Banana	28 Herb Roasted Chicken over Bowtie Pasta w/Garlic Bread Or- Beef Taco Salad with Garlic Bread Or- Yogurt & Cheese Stick with Garlic Bread Steamed Broccoli Strawberries	29 New Item! Cheesy Ribeye Steak Sandwich Or- Turkey Custer Or- Yogurt & Cheese Stick with a Soft Pretzel Steamed Carrots Pears	30 Cheesy Chicken Enchilada Casserole w/a Breadstick Or- Tuna Salad on 9 Grain Or- Yogurt & Cheese Stick with a Breadstick Corn Orange Wedges Sugar Cookie

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change.  Denotes PORK in main entrée.  Denotes BEEF in product
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