









# March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>SPV – Red Bell Pepper Strips</b> 4 Breaded Mozzarella Sticks with Marinara Sauce Or- Ham & Cheese Hoagie  Or-Yogurt & Cheese Stick with a WG Soft Pretzel Tater Tots Blueberries	<b>Mardi Gras</b> 5 Chicken Po' Boy Sandwich with a Remoulade Sauce Or- Hummus, Flatbread and Fresh Veggies Or-Yogurt & Cheese Stick with Beignets w/Powdered Sugar Red Beans and Rice Tropical Fruit Beignets w/Powdered Sugar	6 Pizza Hut Pizza-CHEESE Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with a WG Dinner Roll Romaine Spinach Salad Sliced Pears	7 Big Ol' Meatball with WG Garlic Bread  Or- Southwest Chicken Wrap Or-Yogurt & Cheese Stick with WG Garlic Bread Glazed Carrots Fresh Apple	8 Grilled Cheese and Tomato Soup Or- Beef Taco Salad with WG Dinner Roll  Or-Yogurt & Cheese Stick with WG Dinner Roll Crisp Celery Sticks Fresh Banana
<b>SPV – Baby Carrots</b> 11 <b>New Item!</b> Cherry Blossom Chicken with Brown Rice Or- Salami, Cheese, Crackers & Nutrigrain Bar  Or-Yogurt & Cheese Stick with a WG Dinner Roll Edamame Pineapple Fortune Cookie	12 Sloppy Joe on a Bun  Or- Asian Chicken Salad with a WG Breadstick Or-Yogurt & Cheese Stick with a WG Breadstick Baked Beans Mixed Fruit	<b>New Item!</b> 13 Italian Chicken Marinara Sandwich Or- Turkey Custer Sandwich  Or-Yogurt & Cheese Stick with a WG Dinner Roll Sweet Potato Fries Applesauce	<b>Pi Day (3.14)</b> 14 Shepherd's Pie with a WG Biscuit  Or- Crispy Chicken Salad with a WG Biscuit Or-Yogurt & Cheese Stick with a WG Biscuit Mashed Potatoes Peach Crisp	<b>New Item!</b> 15 Enchiladas Verde with a Crunchy Frito Topping & a WG Breadstick (vegetarian) Or- Tuna Salad on 9 Grain Bread Or-Yogurt & Cheese Stick with a WG Breadstick Romaine Salad with Croutons Orange Wedges
<b>March 18<sup>th</sup> – 22<sup>nd</sup> Westside School's Spring Break</b>				
<b>SPV – Grape Tomatoes</b> 18 Crispy Chicken Sandwich Or-Italian Hoagie  Or-Yogurt & Cheese Stick with a WG Soft Pretzel Fresh Broccoli Fruit Medley	19 Chicken Fried Steak w/Gravy and a WG Dinner Roll  Or- Turkey & Cheese Hoagie Or-Yogurt & Cheese Stick with a WG Dinner Roll Mashed Potatoes Fruit Medley	<b>First Day of Spring</b> 20 Sausage, Egg, and Cheese Biscuit Sandwich  Or- Cottage Cheese & Fruit with a WG Biscuit Or-Yogurt & Cheese Stick with a WG Biscuit Steamed Carrots Fruit Medley	21 Popcorn Chicken Basket with a WG Dinner Roll Or- Ham & Cheese Hoagie  Or-Yogurt & Cheese Stick with a WG Dinner Roll California Blend Vegetables Fruit Medley	22 Cheesy Nachos Or- Buffalo Chicken Wrap Or-Yogurt & Cheese Stick with a WG Dinner Roll Refried Beans Fruit Medley
<b>SPV – Red Bell Pepper Strips</b> 25 Hot Dog on a Bun  Or- Turkey & Cheese Hoagie Or-Yogurt & Cheese Stick with a WG Breadstick Cowboy Beans Cinnamon Applesauce	26 French Toast Sticks with Sausage Links  Or- Sunshine Chicken Salad with a WG Dinner Roll Or-Yogurt & Cheese Stick with a WG Dinner Roll Breakfast Yams Fresh Banana	27 Pizza Hut Pizza-PEPPERONI Or- Turkey BLT  Or-Yogurt & Cheese Stick with a WG Soft Pretzel Broccoli Mixed Fruit	<b>New Item!</b> 28 Korean BBQ Pork with Brown Rice  Or- Southwest Chicken Salad with WG Dinner Roll Or-Yogurt & Cheese Stick with a WG Dinner Roll Roasted Zucchini Mandarin Oranges Sugar Cookie	29 Macaroni & Cheese with a WG Ciabatta Roll Or- Roast Beef Sandwich  Or-Yogurt & Cheese Stick with a WG Ciabatta Roll Peas Blueberries